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**CHANNELING Trondheim, Norway**

**with medium Kirsten Ree**

This is Father, this is Maria and this is Christ, whom are always one in God's voice, so now you know.

Even if one must now and then explain it differently, that is what happens. Communication with God is total when one sits like this and is a voice within her. She does not take in the eternal on her own like this – she must sit in this manner – but she can speak in this way when the eternal comes to her even when she is not in this kind of sleep.

That means that she can say what she needs to say at any time. In many ways she does that all the time now, but she needs to keep it back a little because she can see that it could be too much for persons with whom she speaks.

So you will begin to notice that there are changes that have happened. But the changes must also be confirmed with actions, and that will happen.

So what she will be doing, is to continue with the plans that she knows about – that which will be on the Internet with the computer. It will be quickly completed when she has decided what she will be using. It is soon clear in her mind, and that is because God has asked her to think much about it.

The voice that is now here is of course a sound that comes through her vocal chords, because a body is being used. It comes through a human body and notice that word, *human*.

As all others who have such a body, the body knows itself when it is time to let go of its own control and think itself into an eternal state. (*The state I am in when I channel. Kirsten's comment*) The body is not conscious itself because matter cannot think in a way that is conscious, but the body is subject to the welfare of the soul and the soul knows when the body should have a signal to give itself over. It starts some hours ahead of time, and that she knows.

It will be explained in another way for her because she has thought so much about it. It is acclaimed around in the world by some who think that they are experts, that one has to be completely unconscious and not remember anything of what happens, or not aware of what happens around one, to be a medium as she is. That is not true. That was true for a long time – until about 40 years ago – but not any longer.

That is because she is conscious of God's kingdom, as she can be conscious of what happens on the Earth at the same time. Therefore she hears, she listens, but cannot speak herself because she is not here. But her consciousness is just as Earthly enlightened as it is heavenly conscious, therefore she can listen while Father speaks this way.

You know very well that there are claims around in the world that will tell you about Themselves, their own attitudes and opinions. People who are not humble enough will say that "this is true", even if something within them says "you should not have said that because it is not certain".

As she has now learned that uncertainty is a part of the learning, so you shall also be comfortable with not knowing everything. An uncertainty does not mean that one is not sure.

Uncertainty – that causes you to be more curious, because; as for all of the answers you have received that is only a little part of that which you need to know – need to remember. So

remember that you still need to learn, still need to prevail into the mystic. Also the mystic that has to do with matter.

In your own lives, you will not repeat anything, but you will continue with something that was not finished. Therefore it can seem that you strive so much. That is because you are trying to revive something that was not finished. You were not able to finish up with things. It is not that you are punished for anything, and you are not brought back to suffer again. You must remember that the learning itself shall be with joy, so when you feel you must strive yet you actually do not.

It is meant to be a joy to be able to revive something in this time that will give you a conclusion. That means the teaching, it means the learning about yourself, the learning about your inner life in connection with the earthly. The learning about not fearing any more. The learning about how easy it actually is. When you see through your own fear you will see how many times you have fooled yourself by believing that you are not capable, not smart enough. But you are ENOUGH – you are EVERYTHING.

Now Christ is coming and will speak more..As always I legitimate myself in this manner. (*The palm of the right hand up. Kirsten's comment*)

Here is Christ – this is Jesus Christ. I will sit a little quietly first. One does that for you to get used to having Christ so close and so clear in the speech. One will wait.

So. This is Christ. One does it in this way by telling her a little ahead of time what will be happening in her life, but she forgets it. She forgets it – she is not meant to remember it – but that is the way it must be for her, because she cannot see so far ahead before she loses the belief that she needs to be here.

So she knows what she must do, therefore the inspiration is also so strong. And she does it even if the resistance now and then is very strong. The human ego is still present in her surroundings – as it is in everyone's surroundings. But that you must try not to think about. You must do what you must do even if you must strain yourselves a little. She strains very much in order to do what she knows must happen, and she does it even if people say that she is no longer right in her head because of what she does.

Others laugh and laugh with scorn, others laugh because they think it is fun – they think it is too funny. Others again they think she should stay in, at home. But *home* for her is not a place, it is everywhere – so it is natural to do something when one knows one must.

Therefore she has also reacted on her impulses and followed the inspirations, followed the strong, strong passions that have lead to actions. That is because God has wished it.

She also prays to be guided. Do you do that? You should do that, because you would then have the same intense inspiration to do that which you know is the truth.

You will now and then feel a resistance in yourself because of - what?

*Habits*, because it seems to be too difficult and, it can be it is something that you have never done before. Then it can happen that you try to convince yourself that “one cannot do that”. That is a thought that is not yours. Your thoughts within are that *everything* can happen. You are only to follow these inspirations and use them. However difficult it may seem to be, you will be able to do it when your inspirations are strong enough, when your impulses to turn it into action are

clear from within. Do not deny it with your intellect – do not let your thoughts fool you from a joyous action or activity in your life.

So now she has traveled to Egypt and now she has a husband – and that is blessed, it is done by God. So there are two, yet not two, there is 1. That you will see with your eyes that day when you see it. One does not need to define that further.

So all of you shall know that to be able to do what she must do now, then she must trust that she does not lack anything.

Now you will receive a method from me that will help you to no longer doubt that you will receive what you need. It can be your economy, it can be a solution with your work, it can be a connection in a family case, it can be something that you do not find out for yourself – something you lack – something you cannot achieve.

Imagine that you have a cup. It is not large, it can be a cup that is large enough for your daily use, just as you like it. Look down in the cup and see that it is empty.

There it is empty – because *there* is what you lack, what you need help with, what you can not manage to do – or that which you need of the material.

Look down in the cup. Look at the bottom of the cup, there is a ray that takes shape from below. It bends at the same time that it swirls up and bends down again. Then the rotation begins – as if it dances in the cup – the light in the ray is white with a little gold – just a little gold – there are fragments of gold in it. Then it calms down.. and there is a watery surface with the white and a little gold. Just a little in the bottom of the cup...and there in that sea of light,- because it *is* a sea, there is an ocean of possibilities and gifts to you, - those are the gifts from the universe to you that float in the cup. What you need is filled up in the cup. That is the way it functions when one realizes.

Be careful in using this, if perhaps you are not secure enough in yourself. You shall not use it to assert yourself. You shall not use it to assert yourself over others. You shall use it because *you need it*. No one else needs to know what you lack.

Neither shall you say to others that you have received it, because this is to you, it is the eternal gift to you. There are hidden many secrets in such a cup – you do not need to tell about them. There is also hidden a gift to you just by knowing about this cup. It is activated when you need it. You do not need to use it for everything...you *shall not do that*, because you must learn to take action in the daily life. You must learn to act from your intuition and your inspirations and your inner drive to achieve something. But the help is always there.

Have you forgotten to ask when you need something? Have you forgotten that there is help? Now and then you forget it because – yes, why? Because you become so mad, you become so tired and bored of nagging for something and *needing* something.

If you pray then you will receive help, do not forget the prayer.

And as you have heard – now when it is vacation time you can talk about making a little trip. You need the inspiration of fragrances, of cultures, of the presence of other people. You do not need to make friends in that you are personal friends, but you will see that everywhere people have the same tones in laughter, have the same sadness when in pain, you are not unlike. You have *a* kinship. And that is the only thing that you have here.

So a summer will develop that will be very special. It will be difficult for some but very happy for others. Those who have already ordered a vacation shall continue to think about that and realize it. Those who have not done that do not need to do it either, because there will be a spontaneity in the summer activities.

For those who can be happy in perhaps only one moment of the day, this summer will be the best. For those who have a habit of never seeing a light moment because they continually think; it can never be good?- they will feel left out because they must feel the results of their own thoughts.

It is not so that one punishes oneself for something, but one is asked to see the consequences of ones own thought patterns. What it does to you when you do not dare to try and see a moment of joy during the day. You must learn the technique – it is so easy to bring light into your world, but you stop it with your thought activity.

For very many people this summer will be an ultimatum of choices. Then you must choose without taking one or five days to think about it. You shall learn to react spontaneously.

Then there is also something that you shall think about; there will be people who will try to tell you that ‘now the catastrophes will come’. There will be more and more of the so-called mediums who will say that they have heard from God or their guides etc that ‘now come the catastrophes’.

That is not true. They have tried to think themselves into a spiritual activity, but it is nourished by fear and not by the divine giver. Look at it if you are interested to follow along in literature and the news about that, and see what happens, but do not be concerned – do not think about it. You will maybe protest a little when you hear too much about it, yes, - that you can do and say; “that is not true because God is not like that”. You do not need to give proof to that statement either.

For many people this summer will be a summer that leads to departures, because you will be doing something new. Not the departures in that someone dies, no that is not what one is talking about. One is talking about the changing times...the time of change has come and *you know that*. You who are now sitting quietly and are thinking about yourself in the changes...yes are you inspired?

Then *do* something. If you say: I am too sick, I am too weak, I am too old, then you have decided that the world is working to eliminate you from its description.

You are working against *yourself*.

No one is to be eliminated, but you believe that because you have decided that you yourself have no value. You shall not complain, but you can come with a comment before God, that you can do... and if you say “this is too much for me”, so it is just *that* which you shall overcome - have you not understood that?

If you believe your body is too weak so it is just that which you must overcome, and make your body strong so you can do what you have a desire to do.

It is *that* which is to overcome the old times and go into the new times, *people must do it themselves*. It is *you* who must understand your own strength and your own ability to expand your form, to expand your pattern of action – do something more clearly, more concrete, more focused. In any case it is *expanded*, because you will do things in another manner than before.

What does Maya have to do with this? It has nothing to do with the year, the year's number – but Maya has something to do with it anyway... because it is the Maya's knowledge that is coming back. They have already begun to deliver back the knowledge.

So those who believe that 2012 is the magical year will be disappointed. Because 2012 has started, that I have said before.

Those who are aware of Maya's knowledge will change dramatically – as she has done – changed her daily life as she has done, changed her manner of being herself, also toward her closest – as she has done... because it comes closer to *the truth*.

What *truths*, that you must find out for yourself, but the closer you come to the truth the easier your life will be. You will need fewer words. Yes life will be easier because you will not have so many disturbances. There are not so many alternatives.

There is no alternative to the truth.

It will be easier when there is not so much to think about, there will be more to concentrate about. And when the concentration is strong enough about the truth, then one expands oneself to feel one with the Creation, because the Creation is *the truth*. It is *you* who are confused because you have created so many, many new building stones that do not fit.

So Maya's knowledge will come to be as a layer of air that can be nourished by. You will be breathing in as if you are breathing in a new form of air, but you cannot use it unless you are interested in throwing away your old attitudes about life and possibilities.

You should also be able to have a thought about the global existence, and not believe that you are isolated even if you do not wish to move yourself. If you do not wish movement in your life – that is to travel, or do not wish to have great changes, than that is not wrong, than it is right for *you* because you feel a recognition to calm yourself, in order to think it over, think about your life – let it be the way it is.

But at the same time have a thought in your head, 'this is also *me* in the global life, I calm the global because I myself have that calm'. You shall know that you are a part of the greater self even if you look small. In connection to the capacity of the collected humanity, you are a part of the greatness. And where you are, there is also eternity, so do not believe that you can isolate yourself from the community.

Community is a part of her future work.

Community, as communication that leads to peace work. Now that she has begun to move in circles with other ways of thinking, different religious meanings – different daily life, then she has also seen what shall be respected, what can be done with something, and why. Also why with something there shall *not* be done anything.

It is like she herself has discovered – yes that she has – that one must often be silent, but when one speaks then one must speak clearly. And when one is like this, then one will also speak from the Father, from *the truth*.

One does not need to say so much when one speaks the truth. Then one does not need to prove what one does, or who one is, or ones words.

Do you have the habit of speaking long and deeply because you like to hear yourself speaking? Think about how many unnecessary words you speak and how boring it is for others when you do so.

You are not believed, you are not respected because you speak so firmly and so fast and so much that people choose *not* to listen to you. It is better to speak a little, but when you have fun together – when you have parties together - then people like to speak. Then you will sparkle, then you will bobble over, then you can laugh and laugh and laugh and talk and talk. That is different. It is something else to talk because one is having fun. Then one also shares joy with words.

There will be a revolution – not like a war, but some people will do something... because they see that the state must react differently, that is in South Africa. There people will again hold a coup. Because they will be mislead again, it seems to be real good leadership there, but it is not. Look at the conditions. Look a little at what happens there, it may seem to be the *real* thing but it is not.

It will be difficult to live in the northern most areas where the polar area is, not in your country (*Norway, Kirsten's comment*) but one speaks about the countries where from before there is not a very high living standard as you say. Then you can think about where that is in the world. Nature itself will collapse as if there was an earthquake and that will be in the northeast of China. That will also lead to a moving of the continent to the north so there will be cracks in the continental shelves in China... and also much more will happen.

There will also be a reaction in Alaska and of course north in Canada. There will be quakes, there will be great splits in the ground so that some of the earth will collapse. There will be great fires because there will be sparks from this, right after there will be volcanic activity.

It will become apparent *why* later, because the Earth will calm itself, but it will take a long time.. several generations. But since the generations will be observed also from 'the other side' as you say, so do not think about if you are *here* or *there* – it is just as exciting for you to observe from the other side.

There you also have great assignments to prepare the next step for yourselves when you shall help with the new growth on the Earth, because that you will be doing by either being born or just being,- yes as one says on the other side; there will be more and more who can choose that now, because humanities growth that you see in the population will not increase. In a few generations it will have leveled out as you say, because you will have better control of it.

There will also be a choice of not being born again, thus fertility will decrease. That is natural. Of course one will then blame the milieu, that 'you have done that against yourself'. No do not think like that because it is not true, it will be a *result* because the nature will not have so many births.

Something will also be happening in the southern polar area, but that you have been waiting for, you have seen it. You have seen it in dreams or remember that Father or I or my brothers have spoken about it, or the archangels, perhaps your guides have shown it to you. You have seen it.

There will be washed away many, many, many, many cubic with ice because it will also quake in the ground there. The quakes will come from there too. That which has attracted the matter in the polar area will be changed. That has to do with the polarity and its mutual influence over for each other.

There will be a great change there – that is just because duality will not be two any longer, it will be 1. One will come together, also pairs – also people who will be brought together as friends, or there will be people who need to see each other.

There will be a completion of the great chapter that is called; **the earthly experiment**. This is not an ‘experiment’ as in a laboratory, but it is an amusingly lively chapter in the history of creation.

You must follow along with it when it happens, and not be sad or fearful because of it. Do not let it make you tired either. You shall think with joy; “Wow, what great changes! But that is because uniting is on the way. We will be brought together now, we will not be divided”.

Then the Earth must quake in the polar area, because the polarity keeps you from joining together. The Polar areas will change. It does not mean that the Earth will float around or that things will be chaotic. There will be a new order. There will be a new worldly-matter, but not in the way that you must exchange all particles – but the particles will react differently also mutually in the molecular system of succession.

Then you will have a better outlook, that means you will see further – there will not be so much to stop you from *seeing*. And you will think to yourself, “I even think differently. I am not limited in my thoughts. All these things belong together”.

Now there have been great changes in the depths of the Atlantic ocean. There the cracks have developed. It is not so visible yet for the scientific milieu to warn you, but when the warning comes just laugh and think; “finally, now it is here”.

There will also appear large pictures in the sky for you to interpret the signs. You have looked to the sky and asked to see something because you have heard rumors about this – yes, I have spoken about this before, that you can see something there.

So you see a flash – and think, ‘oh I just imagined that, because it was so quick, it was so little to look at’.

It is the greatest you can see. But do not look at the sky as if you were seeing a beautiful picture, look up without focusing your physical eyes. Let the focus be mobile and rather think that ‘I look out into the air as long as the *sound* reaches’, then it can happen that you observe a picture or ten.

Which picture? It can be your future. It can be pictures you need to look at again. It can be a picture from the ethereal world, it can be so many things. You will know it yourself because you do not need an interpreter to understand what you see.

It can also be that you will be allowed to project a picture there that will help other people. It can be a beautiful picture you know will heal a person who has difficulties within. It is a form of comfort you should be able to show for them, as you are also a part of the global – in helping your fellow beings.

Now that you have heard that you are a result of a split matter form – of course you are not split in the soul but your body is separated from most everything – yes, so you shall think that it is good for your body to again see others come together. That means that you shall move around a little. You do not need to go so far. You do not need to travel far if it is not what you desire to do. But I say again as I have said before; break a habit, walk on another street, use another way to travel. You can use your car but drive to another place. Move in another manner. Then your body will also feel that it is a part of this, it is not rejected – it is *with*. It will be able to meet what it is here to see, and that is because it belongs together with something, there is a connection with your body and everything else that lives here.

Maybe your body is tired.. it is tired because it does not see enough, it is not able to be active together with others that have *inspiration* in their radiation. You need to act together, but you also need of course to be alone now and then in order to feel who you are, feel calm, feel that you are special.

You shall not *melt* with all the others, even if that is what you think I mean when I speak as I am doing now. You do not think that it is right that one should feel solidarity with everything and everyone.

You are individuals. You are one and one beings. You will not lose that feeling or that knowledge you have of being God's child. And there is not more than *one* of you, even if you belong together with someone who has known about you in many generations – yes one says it that way, even if you did not find....

The only path is the path that leads to the truth and the joy. Do not prevent yourself from finding that path by thinking too much about the next action. *Do* something.

Humanities spiritual world is active, but it is not smart enough – yes that I must say – because most of the religious employed also have *habits* in their ways of thinking. The largest religions are now religiously practiced by *habits* and that is not good for you.

You shall not destroy the rituals. You shall not destroy the golden line that has come with the religions.

You shall not destroy the foundations in them, but you shall discover the foundation and find out: what do they really mean for us today?

It is not so that all the religions need all the rituals they have developed over all this time. You should be able to change the liturgies. You should be able to change them a little, but keep the fundamental in the teaching you received. Because you received help from the Father when you learned about your faith and the way to focus on that faith. Religion should not be the absolute teaching – yes I dare to say that now – because she dares to stand up for that herself.

The religions came to you as a help, a reminder for why you are here now, how you should live and how you could come closer to God again.

One cannot have absolute calculations – neither concerning the faith.

One cannot have absolute calculations in matter – one must have it when one brings forth matter in an unconscious world, but one cannot keep all the calculations as if one must renew and renew the whole time. One waits a little, one turns the part, to say it that way – and you can turn it up again and you can figure differently about things and receive another answer.

Or it can be figured out in the same manner and receive a partial answer. It can be figured out in the opposite way and receive the same answer as the first. There are many answers also in mathematics. The numbers will figure themselves, you do not need to think so much about it. Because they regulate themselves in accordance as you understand more and more of your strength and your own value. Your experience will show you what that means.

That which will amaze humanity is that many did so much, so much, so much that looked like it would not work, it should not be possible – it could not happen. It should not have been possible to start peace work and get peace the same day, to say it that way. It should not be possible to stop a dictator 10 minutes after he had decided to be so, but it can happen. These are the things one must think about.

Do not limit yourselves by saying: “that is too great an assignment. I can not solve it”.

If you want to, so solve it.

That is also Maya’s teaching. Maya’s teaching is unlimited, but also disciplined.

That means; that one must discipline oneself to focus.

With *discipline* one does not mean the same as control, certainly not, that is discipline which means, ‘to keep the focus and not loose ones thoughts along the way when one has decided to do something’.

Maya’s teaching is also a particular value when it comes to understanding the solar points and the heavenly bodies. It is to understand why one received that position one has in the Universe as yes, a planet – the one you live on for example, and why one orientates oneself to the past and the future in time, in relationship to the heavenly bodies sun points.

That is also one of Maya’s secrets; in relationship to the heavenly bodies movements one should be able to move oneself back in time in order to make up for something one was not able to do, that the Maya’s did –they did it.

So you say; “no, that one cannot do for history is already lived.”

Yes what do you know about that, who is only able to research things with your head? There are many signs in the skies that will strengthen your conviction about that web of particles you see out there – that it is only a microscopic part of the Universes importance for *the totality*. One can be orientated more than by just looking at the univers’ astronomical phenomena.

Thus I have told you before, that out there one actually finds *nothing*. It is your consciousness that has made that picture, but you are a part of the physical – this you understand.

And when you shall begin to get used to facing the collected existence again, then you must use the points there, because they are a part of your consciousness. And those points will be – when you activate your knowledge for using them again – very active and a great help for you.

You will again be able to see the writings in the skies in between the sun points. You will see movements and understand that you have made the foundations for the creation there, because you were allowed to be a part of that in your giving. One does not say anything more about that now, because it will create confusion, and you need calmness to let that become a part of your memory.

So one says; this speech shall be the first that will be published as an official document in her channelings. That one shall do from this date. One will try to do it as fast as possible and she will have help and it will happen. So it does not matter so much which expression she uses when she does it officially, one will help her. But one has found the words.

So let it be said here to all of you; you do not need to wait for activity. You do not need to do any research work in advance before you do something. Just *do* it.

(A part with questions and answers to those in attendance.)

#### **POSTSCRIPT:**

Now she will come back to herself again and be in herself.

Sacred, what is the word sacred? That is something one has used for her, and other single individuals, and situations here and globally. That means it is protected by God, It is for God to keep an eye upon it. It is God's responsibility – to say it that way – that nothing in it changes. Now the Father will finish. I say thank you and will come back.

There is calmness and there is completion in what she *is* now. What you have heard this evening will specially effect your contact with the surroundings and your manner of speaking, also your manner to surround yourself with activity. You will slowly change your manner to act, but no radical changes, there will be small habitual changes that lead to your feeling stronger, happier, jollier and more capable to do something both for yourself and your surroundings. God is in these words and you are also divine.

One greets you again, saying thank you and will come again.